



Bureau of Community Nutrition Services



BUREAU OF COMMUNITY NUTRITION SERVICES

- Division of Women, Infants, and Children (WIC) Services
- Division of Public Health Nutrition Practice and SNAP-Ed Program
- Division of Nutrition, Physical Activity, and Obesity Prevention

DIVISION OF WOMEN, INFANTS, AND CHILDREN (WIC) SERVICES

- The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is a public health nutrition program under the USDA providing nutrition education and counseling, nutritious foods, breastfeeding support, and healthcare referrals for income-eligible women who are pregnant or post-partum, infants, and children up to age 5.

DIVISION OF PUBLIC HEALTH NUTRITION PRACTICE AND SNAP-ED PROGRAM

The **SNAP**-Ed goal is to improve the likelihood that persons eligible for **SNAP** will make healthy food choices within a limited budget and choose physically active lifestyles consistent with the current Dietary Guidelines for Americans and the USDA Food Guidance System, MyPlate.



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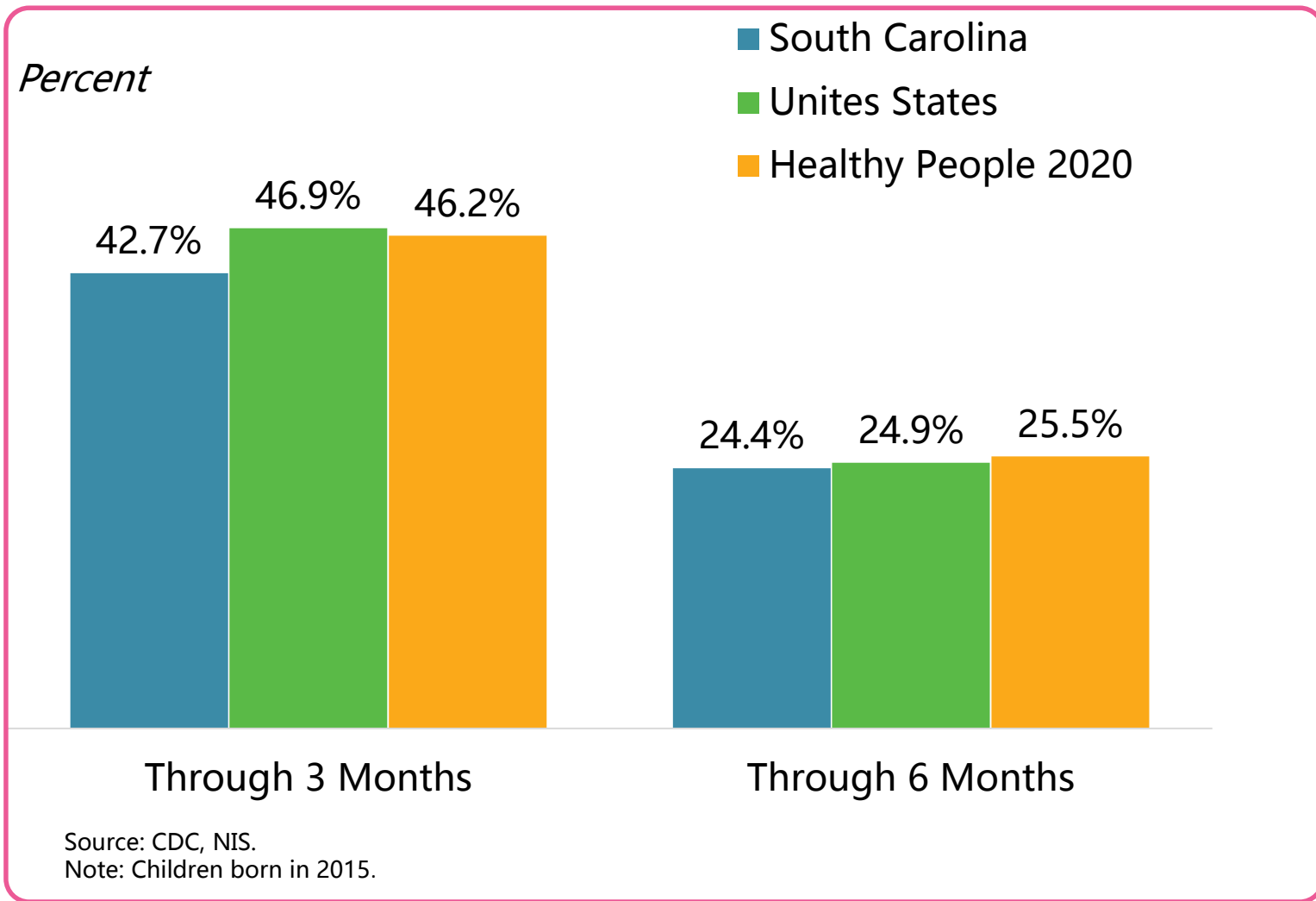
DIVISION OF NUTRITION, PHYSICAL ACTIVITY, AND OBESITY PREVENTION

AIM:

To improve access to healthier foods and opportunities for daily physical activity through policy, systems, and environmental approaches reaching South Carolinians where they live, learn, work, and play.

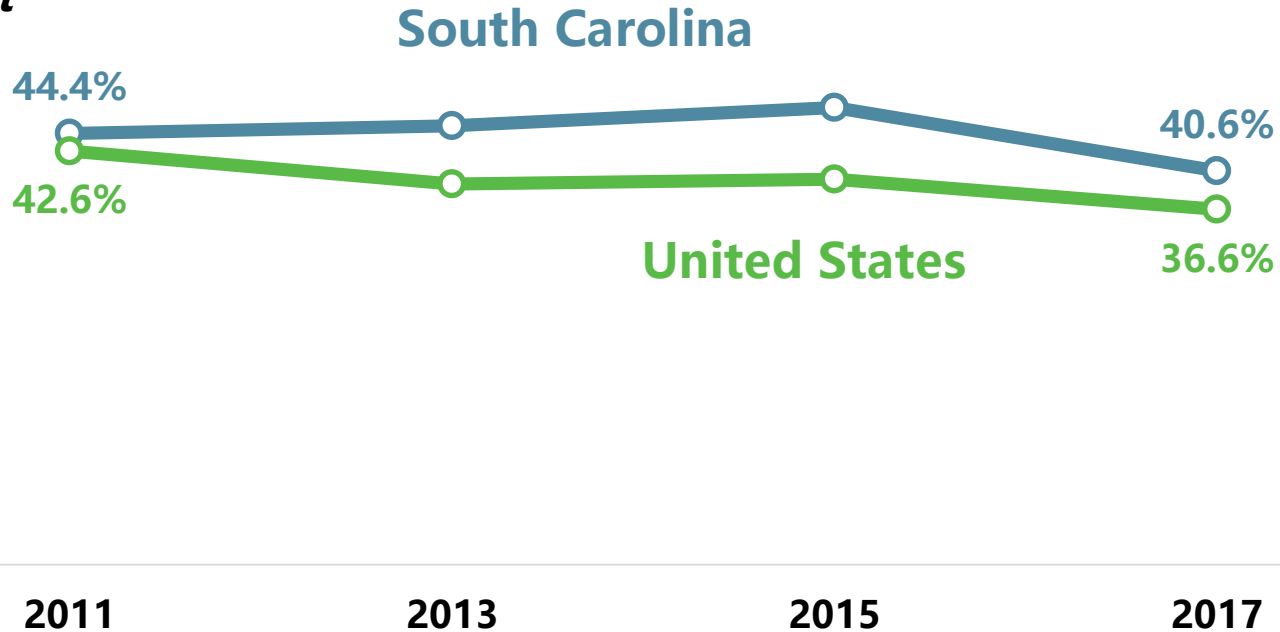
NUTRITION AND WEIGHT STATUS DATA

Duration of Exclusive Breastfeeding



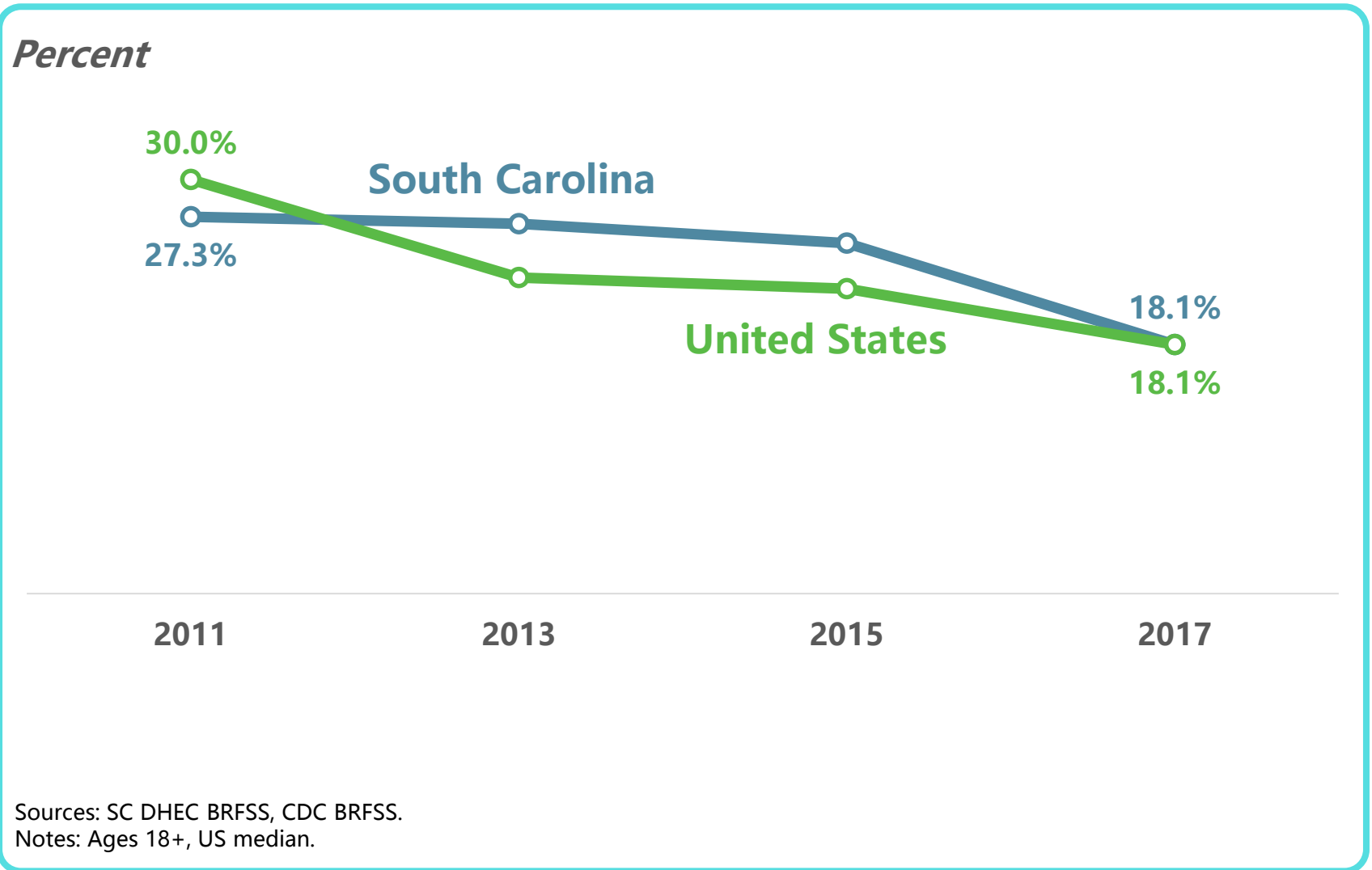
Adults Who Did Not Eat Fruit at Least Once a Day, by Year

Percent

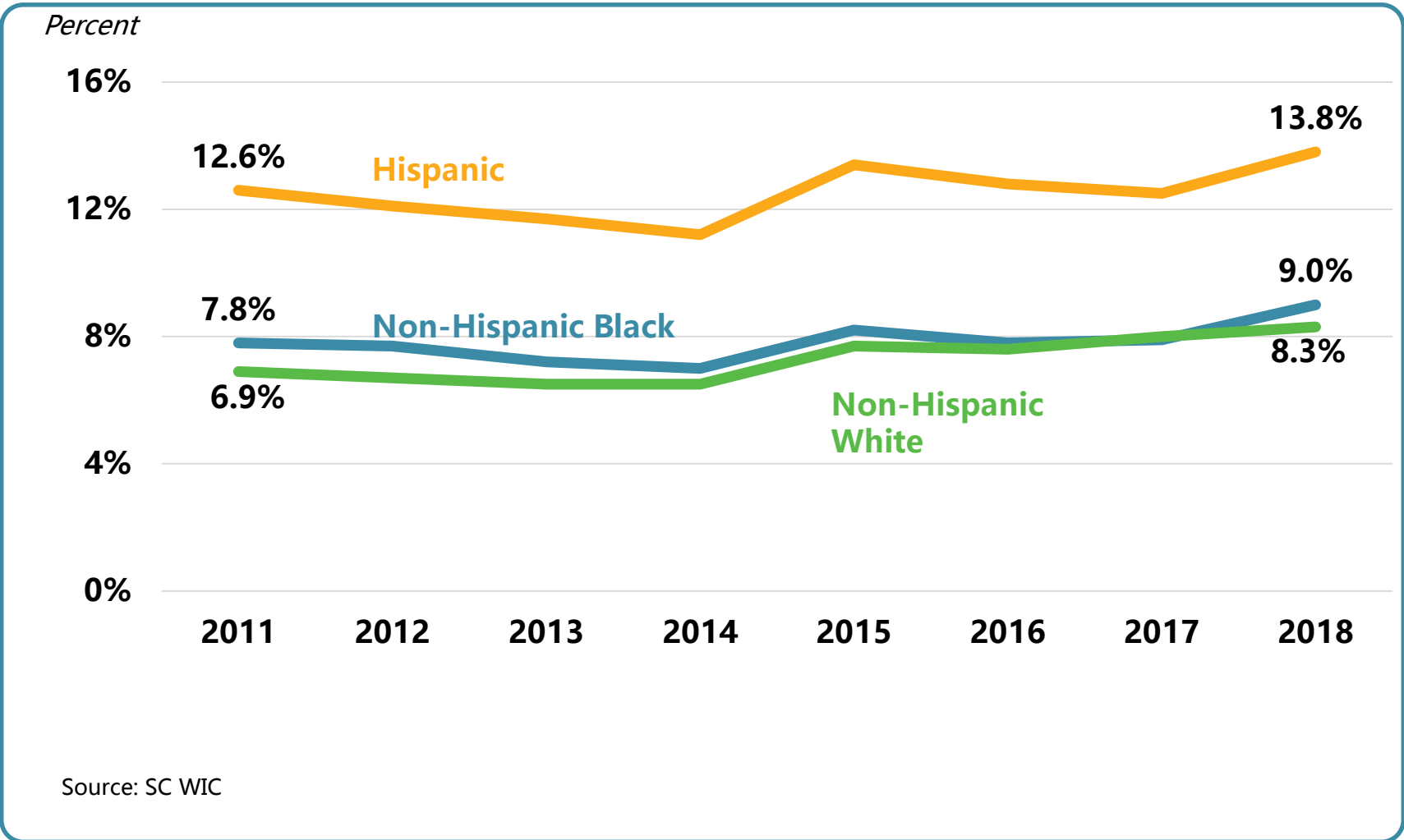


Sources: SC DHEC BRFSS, CDC BRFSS.
Notes: Ages 18+, US median.

Adults Who Did Not Eat Vegetables at Least Once a Day



Obesity Among 2-5 Year Old WIC Recipients

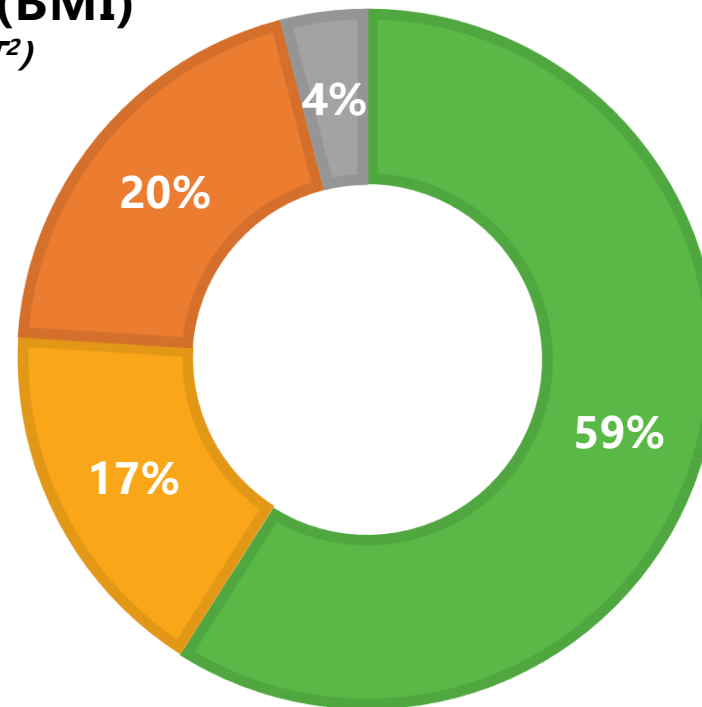


Source: SC WIC

Weight Status, South Carolina FitnessGram, School Year 2016-2017

FITNESS TEST: BODY MASS INDEX (BMI) *(BMI= HEIGHT/WEIGHT²)*

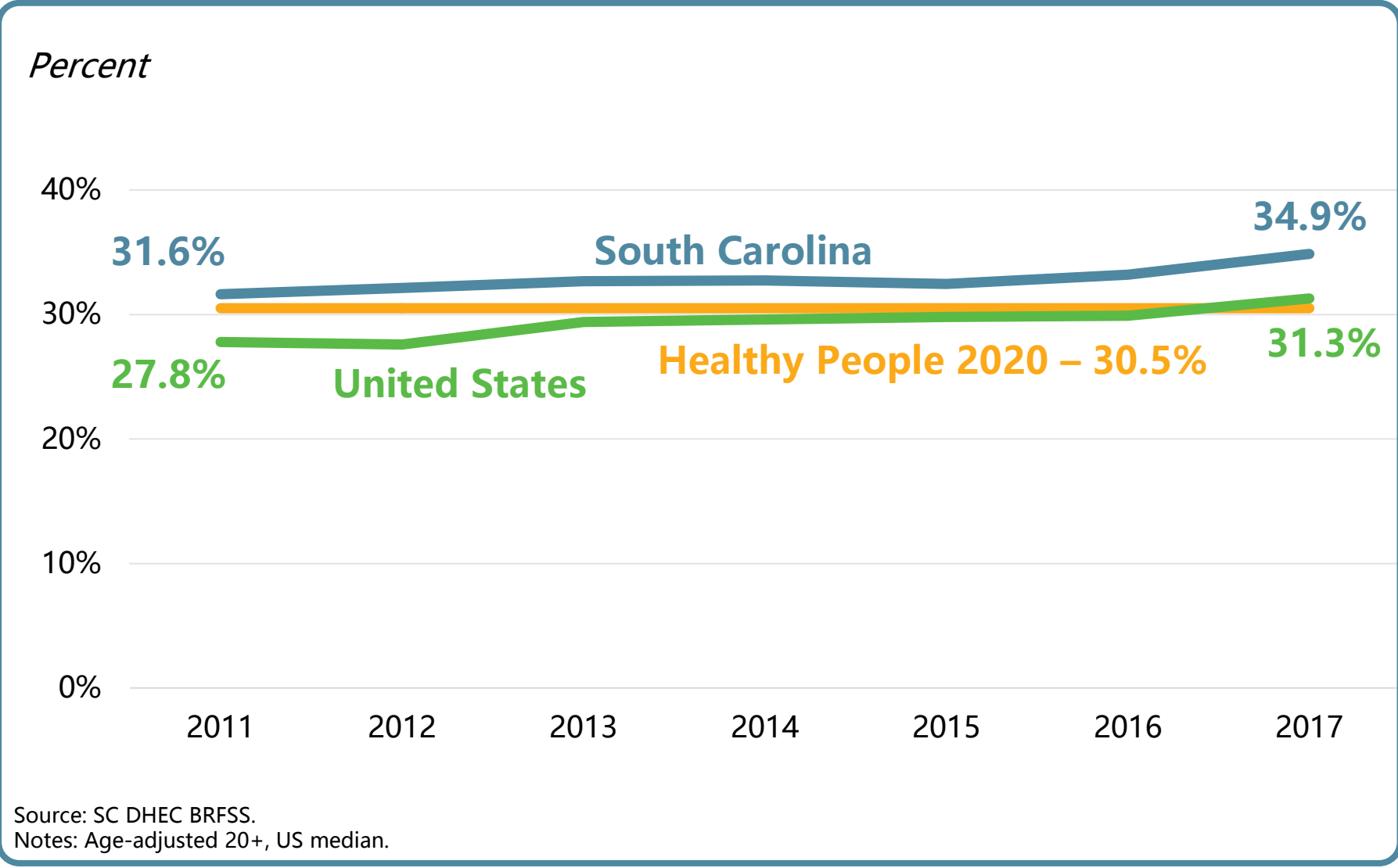
- Healthy Fitness Zone (HFZ)
- Needs Improvement (NI)
- Health Risk (HR)
- Very Lean



Source:
<http://scaledown.org/FitnessGram/>

2 nd Grade (n=29,591)	5 th Grade (n=31,816)	8 th Grade (n=18,711)	High School (n=15,167)
63.0% HFZ	55.7% HFZ	58.7% HFZ	60.4% HFZ

Adults Who Are Obese



Source: SC DHEC BRFSS.
Notes: Age-adjusted 20+, US median.



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