

Help Me Grow SC

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Community Outreach-Upstate

Help Me Grow National Center

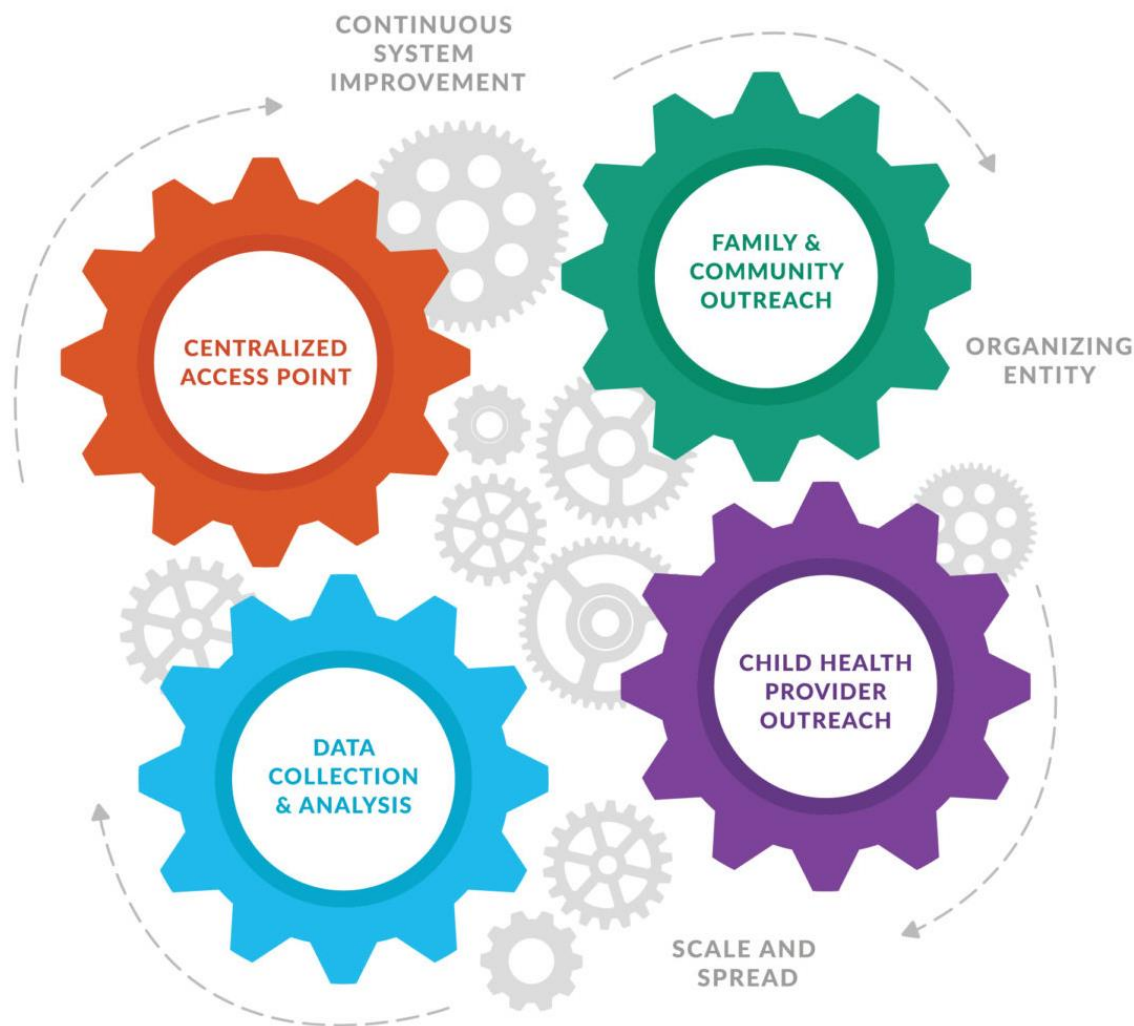
Founded by Dr. Paul Dworkin in Hartford, CT

Help Me Grow National Center

Affiliate Network: 105 systems in 30 states



Help Me Grow System Model



Advancing
Developmental
Promotion,
Early Identification &
Linkage to Services

Help Me Grow SC

- Prisma Health-Upstate
 - Health Sciences
 - Bradshaw Institute for Community Child Health & Advocacy
 - ***Healthy Child Development***
 - Injury Prevention
 - Child Abuse Prevention
 - School Health
 - Community Pediatrics
- Primarily grant funded
- At no cost to families
- Over phone, online, text: convenient for families
- English/Spanish bilingual staff, access to translation services for other languages

Counties Served

Upstate

- Anderson
- Greenville
- Laurens
- Oconee
- Pickens
- Spartanburg

Lowcountry

- Beaufort
- Berkeley
- Charleston
- Colleton
- Dorchester
- Beaufort

Mission

Promote the healthy development of
South Carolina's children through age five

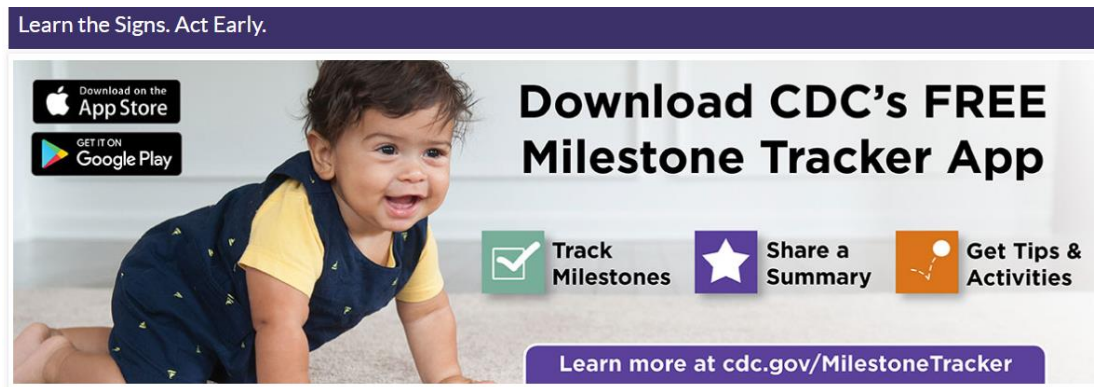


What's the big deal?

- Low developmental screening rates in SC within pediatric practices
- Families don't know what they don't know; don't know where to go to get help
- 1 in 6 children are diagnosed with a developmental delay or disability in SC (ages 3-17); higher than national average of 1 in 5
- 70% of children with delays/disabilities are not diagnosed until entry into school (age 5+)
- 71% of SC fourth graders are not proficient in reading
- 74% of SC eighth graders are not proficient in math
- **Early intervention & services make a difference**

CDC's *Learn the Signs. Act Early.* (promotion & early detection)

- Promotes parent-engaged **developmental monitoring** of developmental milestones
- Free materials, online resources and training



- <https://www.cdc.gov/ncbddd/actearly/index.html>

Well Visit Planner

(promotion & early detection)



Are you prepared for your child's next well-visit appointment?
The Well-Visit Planner can help

- Takes 10 minutes to complete
- Based on national recommendations for parents/guardians of children 4 months to 6 years of age
- Designed to customize, tailor, and improve the quality of well-child care for young children by engaging parents as proactive partners in planning and conducting well-child care visits

Explore key issues and needs important to the health of your child and family

Learn about important topics to discuss with your healthcare provider

Pick your top priorities and get educational information before the visit

Partner with your child's provider by sharing your personalized visit guide

Just 3 Easy Steps to complete:

1. **Answer a Questionnaire** specific to your child's age
2. **Pick Priorities** that you would like to address at your child's well-visit appointment
3. **Get Your Visit Guide** to share with your healthcare provider

Step 1



Step 2



Step 3



Visit www.wellvisitplanner.org/helpmegrowsc or call Help Me Grow SC at 1-855-476-9211 before your next well-visit appointment!

- 4 months to 6 years
- Answer a questionnaire
- Pick priorities
- Get your visit guide
- Educational material per well visit

<http://www.wellvisitplanner.org/helpmegrowsc>



Developmental Screening (promotion & early detection)

- Ages & Stages Questionnaire-3, ASQ:SE-2
- Ages 1 month through 66 months
- Promote developmental screening via HMG SC at 6 week follow-up
- Parent Rx sheet

ASQ-3 60 Month Questionnaire page 3 of 8

COMMUNICATION (continued)

	YES	SOMETIMES	NOT YET
5. Does your child answer the following questions? (Mark "sometimes" if your child answers only one question.) "What do you do when you are hungry?" (Acceptable answers include "get food," "eat," "ask for something to eat," and "have a snack.") Please write your child's response: 	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
"What do you do when you are tired?" (Acceptable answers include: "take a nap," "rest," "go to sleep," "go to bed," "lie down," and "sit down.") Please write your child's response: 			
6. Does your child repeat the sentences shown below back to you, without any mistakes? (Read the sentences one at a time. You may repeat each sentence one time. Mark "yes" if your child repeats both sentences without mistakes or "sometimes" if your child repeats one sentence without mistakes.) Jane hides her shoes for Maria to find. Al read the blue book under his bed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COMMUNICATION TOTAL			
GROSS MOTOR			
1. While standing, does your child throw a ball overhand in the direction of a person standing at least 6 feet away? To throw overhand, your child must raise his arm to shoulder height and throw the ball forward. (Dropping the ball or throwing the ball underhand should be scored as "not yet.")	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Does your child catch a large ball with both hands? (You should stand about 5 feet away and give your child two or three tries before you mark the answer.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Without holding onto anything, does your child stand on one foot for at least 5 seconds without losing her balance and putting her foot down? (You may give your child two or three tries before you mark the answer.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Care Coordination

(linkage to services)

- Support caregivers in accessing **developmental & behavioral** community-based resources
- Support for caregivers (answer questions, home visiting & parenting resources)
- Inform statewide partners of barriers to accessing services

Dental Outreach

Our Interest

- Heard from dentists that families are discussing developmental issues, most often speech concerns
- Research linking outcomes to oral health
- Personal experiences with dentists

Let's get it
right from
the start!

Children with good oral health are:



1. Less likely to suffer from chronic strep throat and ear infections



2. Less likely to need expensive dental treatments



3. More likely to attend, concentrate and succeed in school



4. Less likely to suffer from speech development or early learning issues



5. More likely to have healthy self-esteem

Pilot Project

- Pediatric dental practices in Upstate & Lowcountry
- Track how many families heard about HMG SC via dental practice
- Dental practice & HMG SC share feedback

Connect Families to HMG SC

- Place poster (English & Spanish) in waiting room
- Share flyer with families in office



Potential Future Phases

- Care Coordination staff encourage dental follow-up
- Add content to HMG SC website-importance of dental care
- Expand to additional practices

Contact Information

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Beaufort, Berkeley, Charleston,
Colleton, Dorchester, Jasper

thank
you