

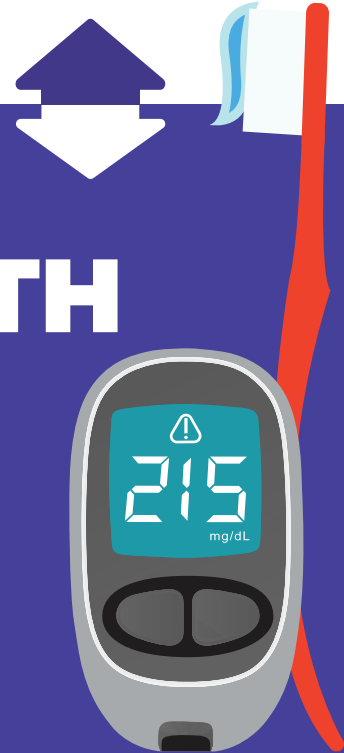


CR-012640 8/20

DIABETES

AND

ORAL HEALTH



Patients with diabetes/ prediabetes should:

- Visit the dentist regularly and discuss existing conditions
- Brush teeth with a fluoride toothpaste twice a day
- Clean between teeth once a day
- Eat a healthy, balanced diet
- Limit foods and drinks that are high in sugar
- Protect teeth from decay by drinking water with fluoride
- Ask dental and medical providers to coordinate care by sharing test results

GUM DISEASE CYCLE



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